Overview

In this course, you will learn about how the human body moves and the relationships between physical activity or inactivity and health and disease.

There is confusing information in our modern world regarding physical activity and health. This course uses evidence-based medicine to explain physical activity-related subjects using the latest scientific evidence. Some topics covered include: the physiology of movement, effects of physical activity on the body, physical activity public health, physical activity requirements and needs for different population groups, and use of technology.

You will be encouraged to look at your movement habits - and those of the wider public - in a new way that will hopefully improve your health (and that of your loved ones) now, and in the years to come.
**Faculty**  
Faculty of Medicine

**School**  
School of Public Health & Community Medicine

**Study Level**  
Undergraduate

**Offering Terms**  
Term 1

**Campus**  
Kensington

**Delivery Mode**  
Partially online

**Indicative contact hours**  
2.5

**Timetable**  
Visit timetable website for details
Conditions for Enrolment

Excluded: Not available to Undergraduate Faculty of Medicine single/dual program students
Course Outline

To access course outline, please visit:

GENM0703 Course Outline
Fees

Commonwealth Supported Students  $1191
Domestic Students  $6060
International Students  $6060

DISCLAIMER
Please note that the University reserves the right to vary student fees in line with relevant legislation. This fee information is provided as a guide and more specific information about fees, including fee policy, can be found on the fee website.

For advice about fees for courses with a fee displayed as "Not Applicable", including some Work Experience and UNSW Canberra at ADFA courses, please contact the relevant Faculty.

Where a Commonwealth Supported Students fee is displayed, it does not guarantee such places are available.
Additional Information

This course is offered as General Education.
Pre-2019 Handbook Editions

Access past handbook editions (2018 and prior)

Pre-2019 Handbook Editions
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Authorised by Deputy Vice-Chancellor (Academic)
CRICOS Provider Code 00098G
ABN: 57 195 873 179