Overview

Nutrition is relevant to everybody, every day. What, how and why you eat and drink are questions you may not have contemplated in any depth, but adequate nutrition is key to both good physical and mental health. In exploring the mechanisms and determinants of nutrition behaviours, this course offers an opportunity to understand what nutrients your body needs, how your body processes nutrients, how to analyse your own diet, and how poor nutrition can influence individual and population health.
**Faculty**
Faculty of Medicine

**School**
School of Public Health & Community Medicine

**Study Level**
Undergraduate

**Offering Terms**
Term 2

**Campus**
Kensington

**Delivery Mode**
Partially online

**Indicative contact hours**
2.5

**Timetable**
Visit timetable website for details
Conditions for Enrolment

Excluded: Not available to Undergraduate Faculty of Medicine single/dual program students
Course Outline

To access course outline, please visit:

GENM0707 Course Outline
**Fees**

(Commonwealth Supported Students) $1191
(Domestic Students) $6060
(International Students) $6060

**DISCLAIMER**

Please note that the University reserves the right to vary student fees in line with relevant legislation. This fee information is provided as a guide and more specific information about fees, including fee policy, can be found on the fee website. For advice about fees for courses with a fee displayed as "Not Applicable", including some Work Experience and UNSW Canberra at ADFA courses, please contact the relevant Faculty.

Where a Commonwealth Supported Students fee is displayed, it does not guarantee such places are available.
Additional Information

This course is offered as General Education.
Pre-2019 Handbook Editions

Access past handbook editions (2018 and prior)

Pre-2019 Handbook Editions
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Authorised by Deputy Vice-Chancellor (Academic)
CRICOS Provider Code 00098G
ABN: 57 195 873 179