



Specialisation

# Ageing and Health

PHCMCT | 30 Units of Credit

## Overview

### Who should do this specialisation?

The demographic ageing of populations worldwide has significant implications for individuals and society. Comprehensive public health responses are urgently needed to meet the challenges of this demographic transition. This specialisation will unite the broader competencies gained by students in the Master of Public Health program with a detailed knowledge of the specific contemporary public health issues facing ageing populations. Students will be equipped with the knowledge and skills necessary to promote healthy ageing, to better align health and long term care systems to the needs of older people, and to create enabling environments which optimise functional ability. This stream is relevant to students with an interest in 'ageing and health', particularly for those students aiming to work in policy, planning or aged care services. This stream maintains an international focus and is relevant to students from high, middle and low income countries.

**Faculty**

Faculty of Medicine

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**School**

School of Public Health & Community Medicine

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**Study Level**

Postgraduate

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**Minimum Units of Credit**

30

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**Specialisation Type**

Specialisation

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## Learning Outcomes

1. On completion of this stream, the successful student will be able to describe the demographic and epidemiological changes associated with population ageing, and provide compelling justification for public health approaches which meet the challenges of demographic transition.

Scholars

Leaders

2. On completion of this stream, the successful student will understand the concepts of healthy ageing, intrinsic capacity and functional ability, recognise the determinants of health, and identify opportunities for public health action across the life course to promote healthy ageing.

Professionals

Scholars

3. On completion of this stream, the successful student will be able to apply an understanding of healthy ageing to the development of health care systems that are better aligned to the care of older people, long term care models which better reflect older-person-centred care, and the creation of environments which are enabling for older people.

Scholars

Global Citizens

4. On completion of this stream, the successful student will be an effective and persuasive communicator, and able to advocate for the needs of older people.

Leaders

Professionals

Global Citizens

5. On completion of this stream, the successful student will reflect on how attitudes and beliefs about ageing and older people might impact on research, policy and practice.

Global Citizens

Professionals

6. On completion of this stream the successful student will be able to source, critically read and evaluate scientific literature and policy relating to older populations.

Scholars

Professionals

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## Graduate Capabilities:

For more information on Graduate Capabilities, please click on this [link](#).

## Available in Program(s)

Program(s) in which this specialisation is available

Master of International Public Health - **MIPH**

Master of Public Health - **MPH**

**9043 Int Pub Health/Pub Health**

Faculty: Faculty of Medicine

Campus: Kensington

Units of Credit: 72

Typical Duration: 1.7 Years

[Read More](#)

Master of Public Health - **MPH**

**9045 Public Health**

Faculty: Faculty of Medicine

Campus: Kensington

Units of Credit: 48

Typical Duration: 1 Years

[Read More](#)

Master of Public Health (Extension) - **MPH(Extn)**

**9046 Public Health (Extension)**

Faculty: Faculty of Medicine

Campus: Kensington

Units of Credit: 72

Typical Duration: 1.7 Years

[Read More](#)

Master of Health Management - **MHM**

Master of Public Health - **MPH**

**9047 Public Health/HealthManagement**

Faculty: Faculty of Medicine

Campus: Kensington

Units of Credit: 72

Typical Duration: 1.7 Years

[Read More](#)

Master of International Public Health - **MIPH**

Master of Public Health (Extension) - **MPH(Extn)**

**9054 International Public Health / Public Health (Extension)**

Faculty: Faculty of Medicine

Campus: Kensington

Units of Credit: 96

Typical Duration: 2 Years

[Read More](#)

Master of Health Management - **MHM**

Master of Public Health (Extension) - **MPH(Extn)**

**9056 Public Health (Extension) / Health Management**

Faculty: Faculty of Medicine

Campus: Kensington

Units of Credit: 96

Typical Duration: 2 Years

[Read More](#)

## Specialisation Structure

Students must complete 30 UOC.

### Specialisation Defining Courses

Students must take 6 UOC of the following courses.

PHCM9617 | 6 UOC

Contemporary Issues in Ageing

### Ageing and Health Related Electives

Students must take at least 18 UOC of the following courses.

PHCM9050 | 6 UOC

Immunisation Policy and Practice

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PHCM9108 | 6 UOC

Program Design and Evaluation

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PHCM9120 | 6 UOC

Qualitative Research Methods

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PHCM9129 | 6 UOC

Prevention and Management of Chronic Disease

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PHCM9132 | 6 UOC

Applied Research Methods for Public Health

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PHCM9381 | 6 UOC

Policy Studies

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PHCM9615 | 6 UOC

Principles and Practice of Primary Health Care

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PHCM9626 | 6 UOC

PHCM9628 | 6 UOC

Health Impact Assessment

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PHCM9632 | 6 UOC

Indigenous Health and Wellbeing Across the Lifespan

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PHCM9761 | 6 UOC

Public Health Aspects of Mental Health

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PHCM9786 | 6 UOC

Global Approaches to Cardiovascular Disease, Diabetes and Cancer Prevention

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### **Project, Internship or Elective**

Students must complete 6 UOC from; any of the postgraduate elective courses offered by the SPHCM, or an Internship or project in an ageing-related area.

any level 9 Public Health and Community Medicine course

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PHCM9143 | 6 UOC

Internship

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PHCM9148 | 6 UOC

Minor Project

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### **Enrolment Disclaimer**

Unless advised otherwise by your program authority, you should follow the rules for the handbook for the year you commenced your program. You are also responsible for ensuring you enrol in courses according to your program requirements. myUNSW enrolment checks that you have met enrolment requirements such as pre-requisites for individual courses but not that a course will count towards your program requirements.

## **Additional Information**

### **Stream Convenor**

A/Prof. Ros Poulos

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Email: [r.poulos@unsw.edu.au](mailto:r.poulos@unsw.edu.au)



## **Pre-2019 Handbook Editions**

Access past handbook editions (2018 and prior)

[Pre-2019 Handbook Editions](#)

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Authorised by Deputy Vice-Chancellor (Academic)

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